



Avanti
Educational Programs, Inc.

SENSORY DEFENSIVENESS

A Comprehensive
Treatment Approach

With
Patricia Wilbarger, MEd, FAOTA
Julia Wilbarger, PhD, OTR

TORONTO, CANADA

FEBRUARY 20-21, 2015

**SPACE IS LIMITED
EARLY REGISTRATION IS RECOMMENDED**

www.Avanti-Ed.com

Avanti Educational Programs, Inc.
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Santa Barbara, CA 93109



Name _____ Title _____ Profession _____

Address (Home or Work) Street _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____ E-mail _____

Tuition \$395 Early \$ 425 Regular \$325.00 for Returning Participants -Certificate of Workshop Attendance **REQUIRED**

Group Rate: 3 or More Individuals \$ 345 Note: All registration required at the same time for group rate. No exceptions!
Group Member Names: _____

- Check-Amount enclosed* _____ Payable to: AVANTI Educational Programs.
- Credit Card (Visa or Master Card or Discover) Must include billing address with zip code and phone number above.

Name on Card _____ Signature _____ Card Number _____ 3 digit code _____ Exp. Date _____

Send to **AVANTI Educational Programs, 315 Meigs Rd., #288, Santa Barbara, CA 93109 or FAX 303-675-6711**

SENSORY DEFENSIVENESS:

A Comprehensive Treatment Approach

Sensory defensiveness is a serious sensory modulation problem that is rarely correctly identified and infrequently treated directly and effectively. This workshop will introduce an in-depth, clinical approach to treating sensory defensiveness.

Sensory defensiveness will be described across multiple age and diagnostic groups. The relation between sensory defensiveness and emerging psychological and neuroscience theories of behavior will be considered. Clinical labs consist of training in specific assessment and treatment techniques including the protocols developed by Patricia Wilbarger. Practicum exercises incorporate detecting and analyzing sensory based behaviors, activity planning (the "sensory diet") and the management of individual cases using advanced clinical reasoning procedures.

Clinical work over four decades and advances in basic neuroscience have resulted in a specific, multidimensional treatment approach that has had a dramatic impact on client outcomes. This integrated approach is client centered and requires advanced clinical reasoning. Casual exposure to these procedures has resulted in misuse and misinterpretation of our approach to training clinicians. Direct training is vital for appropriate application of the Wilbarger approach to treating sensory defensiveness.

Toronto Conference:
February 20-21, 2015

**Location: Holland Bloorview Kids
Rehabilitation—Conference Centre**

150 Kilgour Road, Toronto, Ontario, Canada

Accommodations: See website for details

For more Information & Directions visit

Avanti-Ed.com or **events@avanti-
ed.com**

SCHEDULE

Day 1

- 8:30 Introduction & Overview of Key Issues
- 10:30 Neuroscience Basis of Sensory Defensiveness
- 12:00 Lunch Break (on your own)
- 1:15 Integrated Treatment & Assessments
- 3:30 Sensory Diets & Professionally Guided Treatment
- 5:00 Dinner Break

Mandatory Evening Lab Session

- 6:30 - 9:00 Lab I
 - Group Practice of Assessments
 - Using The Therapressure Program and Oral Technique (The Wilbarger Protocols)

Day 2

- 8:30 Neuroscience Concepts related to the Treatment of Sensory Defensiveness
- 9:30 Protocol Check-out & Problem Solving Exercise
- 11:00 Ages and Stages: Infants and Young Children
- 12:00 Lunch Break (on your own)
- 1:15 Treatment Planning & Problem Solving
- 2:15 Ages and Stages: School Aged Children
- 3:30 Ages and Stages: Adolescents and Adults
- 4:15 Clinical Reasoning across Populations
- 5:00 Adjourn

Course is 16 Contact Hours

REGISTRATION FEES

- **Early Registration : \$395.00**
Toronto Deadline: January 30, 2015
 - **Regular Registration: \$425.00**
 - **Returning Attendees:** \$325 Must have proof of previous attendance or current enrollment. *Neither Avanti nor the speakers have records of previous attendance.*
- Group Pricing : \$345.00** Must register at the same time in order to redeem. Group rate ends same as Early Registration

**REGISTRATION & INFORMATION
AT www.Avanti-Ed.com**

- Fees include handouts, lab materials, and light refreshments.
- Registration confirmations sent by mail or e-mail.
- Cancellations must be received 10 days prior to the course for a full refund less a \$25 processing fee.

*Avanti Educational Programs reserves the right to
cancel workshops with a full refund.*

OBJECTIVES

- Understand the key features of sensory defensiveness and how it disrupts occupational performance.
- Identify symptoms of sensory defensiveness at different ages using a specialized clinical interview.
- Provide direct clinical management for the treatment of SD including developing client awareness, creating a sensory diet, and applying a direct treatment approach to various clinical populations across the age span.
- Design a 'sensory diet' for a variety of individuals with sensory defensiveness.
- Have an overview of the emerging psychological and neuroscience theories related to this condition as a basis for further study and research.

FACULTY

Patricia Wilbarger, MEd, FAOTA, has a background in occupational therapy and counseling psychology. She has been working with some aspect of sensory processing theories for over forty years. She is cofounder of Avanti projects. She has lectured worldwide and has contributed to the development of sensory integration organizations in several countries. Ms. Wilbarger is well-known for her clinical work with newborns, infants, and children with diverse diagnoses. She was one of the first occupational therapists to work in the NICU. She lectures nationally and internationally on sensory processing disorders and sensory integration.

Julia Wilbarger, PhD, OTR, received a BS in Physiological Psychology from UC Berkeley, a MS in OT from Boston University, and a PhD in Developmental Cognitive Neuroscience from the University of Denver, Colorado. She has worked as an OT in early intervention with high risk and developmentally delayed infants and toddlers in diverse settings. She served as a clinical specialist in sensory integration at The Children's Hospital, Denver. She is currently an Assistant Professor at the University of Wisconsin and will be joining the faculty of Dominican University of California in the fall. Her research is focused on the study of affective and sensory processing in a range of clinical populations.